Current information about the CHA/PA Physician Assistant Program at the University of Colorado Denver.

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CHA/PA Newsletter

Major changes have taken place over the last few months. Our Program Director Anita Glicken retired and Faculty Member Jonathan Bowser was appointed Interim Director. Students are involved with fellow healthcare students and in their communities through education programs and mentoring programs. A graduate shares his reflections of his clinical time in Africa, and CHA/PA grads and students make the news. Read on below to find out the details.



Program Director Anita Glicken Announces Her Retirement

Anita Duhl Glicken, MSW left her dual roles as Director of CHA/PA and Associate Dean of Physician Assistant Studies in March 2012. Anita built the reputation and quality of the PA program at CU. She's a dynamic, passionate, nationally-recognized advocate for her students and for health.

Anita commented on her retirement, "It is with mixed emotions that I announce that after 30 years with the CHA/PA program, I am leaving to pursue an opportunity to serve the PA profession in a new way. I have accepted a position as President and CEO of the NCCPA Foundation, soon to be known as the nccPA Health Foundation. In this role, I will be



Faculty Member Jonathan Bowser Appointed Interim Director

Ionathan Bowser was named Interim Director of the CHA/PA Program effective March 16th. Jonathan will serve in this leadership role while the program conducts a national search for a permanent director. He has served as an Assistant Professor of Pediatrics for CHA/PA since 2006 and graduated from CHA/PA in 2001. Jonathan's scholarly interests are in the areas of testing and assessment, and he is involved with national efforts to promote oral health in primary care. Additionally, Jonathan is involved in a partnership with Walter Sisulu University to promote a new medical profession in South

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directing innovative research and programs that advance physician assistants nationally in their role to improve health care for all patients. I will also be working as a consultant and facilitative leader for the National Interprofessional Initiative on Oral Health. I am excited to take all that I have learned from generations of PA students to these new leadership roles. I feel especially privileged to have worked with over 34 classes of CHA/PA students. I can honestly say that our students and faculty have never been stronger and I leave the program in very capable hands." All of the CHA/PA faculty, staff, and students wish Anita all the best in her new role and thank her for her involvement in CHA/PA for the last 30 vears!



Africa. He serves on the Frontier Center Advisory Committee and the Physician Assistant Education Association Conference Curriculum Committee, and is the chair of a PANCE test-item writing committee for the National Commission on the Certification of Physician Assistants (NCCPA). The past few years have been an incredible time of productivity for the CHA/PA Program. The PA profession is in a period of explosive growth and Anita has positioned the program very well to be a national leader in PA education. Jon comments, "We have outstanding and energetic faculty and staff and the absolute best students in the country. I have the wonderful privilege to serve as Interim Director, and I look forward to helping us transition to the next chapter in the CHA/PA story."

2nd Alumni Dinner

Our 2nd Annual Alumni Dinner on March 9th proved to be a wonderful evening of fellowship, music, and fundraising. With over 200 in attendance, almost \$3000 was raised for the CO Coalition for the Homeless. The Coalition's Healthcare Services help 13,000 homeless men. women and children yearly. Additionally, the Coalition participates in street outreach, rental assistance, benefits acquisition, employment counseling and childcare - what a wonderful cause to support! Students used this venue to acknowledge preceptors and the integral role they play in their education. Additionally, Anita Glicken's retirement as Program Director was recognized, and she shared a few parting words. Thanks to all students, faculty, and staff who made this evening possible.



Making a Difference One Person at a Time

"To the world you may be one person, but to the one person you may be the world." This quote provided comfort to **Kevin Bogart**, a 2010 graduate, as he traveled to Kenya during his third year as a CHA/PA student. He spent a clinical rotation working in a private rural hospital and a government hospital. Ninety percent of patients he worked with were infected with AIDS and suffered the complications of the disease, such as Pneumocystis Pneumonia, Cryptococcal Meningitis, Kaposi's Sarmoca, Tuberculosis, and Malaria. The small medical facilities could not manage the ballooning number of patients, thus very sick patients would lay head to toe sharing twin beds.



Health Mentor Program

This was the inaugural year of the interprofessional curriculum for students in numerous fields of healthcare study, including PA, MD, nursing, PT, Pharmacy, and Dentistry. Our campus is fortunate enough to have students from all of these programs studying in one place and was really designed and built for the purpose of facilitating interprofessional studies. During our fall and spring semesters, we met with our small group composed of students from all of the programs. We worked as a group on various tasks and activities, such as teambuilding exercises centered on communication within the healthcare team, discussing each other's roles in the patient-centered healthcare team, and coming up with ways to minimize At times he struggled to handle the severity of the medical situation he was faced with. A gentleman passed away in a crowded medical ward and the only sign of his passing was the wailing of his family. Medical personnel did not rush over; rather they kept working with the surviving patients. Death is so common, and there were other patients to save. Kevin was shocked as severely ill patients were discharged from the hospital. A western-trained Kenyan doctor noted Kevin's reaction and provided perspective, "The patient is stable and we need beds for other sick patients."

Kevin was only one of three European "Mzungu's" whom he met over the three months he spent in Kenya. He walked by an orphanage every day on his way to the hospital, and just the sight of a "Mzungu" would interrupt classes as kids would scream out to him. Kevin met so many remarkable children and adults during his stay. One person of note was American Dr. errors in a patient's path through the healthcare network.

The curriculum also included time with a 'health mentor,' a member of the community with a chronic health problem of some kind. Through discussion with our mentor, whose right arm had been paralyzed in an accident, we learned that his healthcare team told him that he would never use his arm again. He remained determined and took it upon himself to seek therapy and exercises until he regained full control of his arm and minimal control of his hand. His biggest piece of advice to us was to always give patients hope, because many other patients would not have had the resolve he did. We helped him design a healthier diet and exercise plan. We were happy to hear that by our fourth meeting he had joined a gym, started working out, and was working with an athletic trainer to try to improve control of his hand. Our whole team

John Ott who has lived and worked in Kenya for years. He became a father to numerous orphans, an ever growing problem in Kenya with over 11.6 million children orphaned by AIDS. Kevin was also touched by the community's reaction to the orphan crisis – most families had taken in nieces, nephews, and neighbors.

Facing such overwhelming difficulties, Kevin noted, "you either close off to the world around you or you become involved and take care of the community around you." He anticipated before arriving in Kenya that he would face poverty and disease on a level he'd never seen before, which was true. Yet, he also was pleasantly surprised by the resilience and happiness of the Kenyan people in the face of such adversities. The people were not focused on what they didn't have, but rather on what they did. They found great pleasure in simple things such as singing while doing laundry or

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was excited that we had helped this man whom we had gotten to know over the year.

Ryan Candee, Class of 2014



Alumni – We need you!

Would you like to become more involved with CHA/PA? We need preceptors, admission file reviewers, and admission interviewers. Giving back to CHA/PA by precepting our students is invaluable. Admission file reviews can be done on your own time in the comfort of your own home! Interviews take place on campus and afford alumni the opportunity to assist in selecting incoming students. Please contact Kay Denler at kay.denler@ucdenver.edu for more information. dancing when no one was watching.

Kevin has been able to use all he learned in Kenya as a PA at a primary care clinic at the Denver Health campus. His practice primarily serves urban underserved and uninsured patients. With a large immigrant patient population, he has conducted medical interviews in over fifteen different languages. Many patients have not had medical care for decades, and some immigrants have never seen a medical provider in their lives. Kevin finds working with this population extremely rewarding. He continues to find inspiration in that he cannot change the world alone, but he can impact the lives of individuals.



CHA/PA Students Provide



Thank you!!!

We would like to acknowledge alumni, preceptors, and CU employees that assisted in our admission process by either reviewing applicant files or interviewing applicants over this last academic year. We couldn't do it without you!

Kim Alfaro Katrina Bailey Ditty Bannon Brian Boley Rachel Byrne Mary Cain Ryan Conrad Tanya Fernandez Elizabeth Gibson Melanie Gleason Laurie Glezen Doug Graham Elizabeth Gyorkos

Education to At-Risk Youth

A small group of classmates and I recently did a community education project on contraception that we presented to the Gemini House of Family Tree. Gemini provides services for adolescents who have been abused or neglected and are not safe in their homes, as well as for youth who are homeless or have run away. Our main objective was to get these teens connected with information about the BC4U program at Children's Hospital. This program offers free birth control, STI testing, pregnancy testing, and exams for anyone ages 12–24 without questions or exceptions. It seemed like a perfect fit for a presentation to young people who could potentially be at higher risk.

Armed with samples of every type of birth control imaginable in a big orange tool box, we arrived to give our presentation not knowing what to expect. We thought the teens would

Amy Hansen Maggie Hawkins Heather Heizer Kerri Held Traci Hess Tish Hollingsworth Sandy Hoops Christy Jones Lorrie Kehmeier Brian Kohuth Kari Lillehammer Lynsay Maclaren Dominic Martinez Maryanne McPherson Naomi Miyazawa Jovce Nieman Carmella Nogar Carrie Oss Shaun Peterson Sue Rancis Regina Richards Angie Riddleberger Fran Schreiber Anne Schuller Stacey Staudinger Lucinda Tanner Wanda Titus

be timid. We were wrong! The presentation went better than we could have ever expected. Our anonymous question box went unused, as the teens openly asked questions about sex and contraception. They all enjoyed being able to see and touch all of the various types of contraceptives. Although most had heard of things like IUDs and rings, they didn't know how big they were or how they actually worked. They seem genuinely interested and surprised that they could get all of these things privately and at no cost.

Overall, it was a very rewarding experience. I do believe many of those young people will use the resources and information we provided. It feels good to know that in one hour of an afternoon we might have really helped some people in a tough situation. It was the first time that we were the "front line" of medicine without preceptors or Christian Valtierra Lindsay VonBernuth Michelle Warrick Lindsay Weiss Beth Welken Linsey Weller Linda Wyse teachers to help us and we succeeded. It was a nice touch to our curriculum that enabled me to see the big picture beyond classes and exams. It reminded me why I will love being a PA.

Melinda Jordeth, Class of 2013



Faculty Member Jackie Sivahop Authors Preceptor Handbook

Jackie Sivahop is CHA/PA's third year Clinical Coordinator and a member of the The Clinical Education Committee (CEC) of PAEA. Jackie is one of four authors of the



CHA/PA In the News

CHA/PA graduate Megan Carson, Class of 2003, was<u>interviewed by</u> <u>WZZM Channel 13</u> in Michigan regarding steps to a healthy spring.

CHA/PA CU Unite (CO Urban Underserved Interprofessional Health



CH/PA on Facebook

Did you know that the CHA/PA Program has a facebook page? "<u>Like" us on</u> <u>Facebook to see what</u> is new!

first edition Preceptor Training and Handbook created by Education) students the CEC. The CEC participated in a was tasked with community health fair at North Middle School creating a Preceptor Handbook that all PA Health Sciences and Programs could utilize Technology Campus in as a template in Aurora. Anna Ballard, providing important Anna Christenson, information to their Lauren Raikes, and preceptors about Chelsea Williamson gave clinical rotations. All free medical evaluations PA Programs that are to staff, families, and members of PAEA will community members. be receiving a copy of See the Aurora Public the Preceptor Schools website for more Handbook as well as information. online access to the Handbook. PA CHA/PA students joined Programs can then CU leadership, faculty, modify, update or staff, alumni, students, create their own and donors for CU preceptor handbook Advocacy Day at the from these materials.

Capitol.

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MOVING? NEW CONTACT INFORMATION? Please email the office at <u>PA-Info@ucdenver.edu</u> so that we can keep in touch with you!!



University of Colorado Anschutz Medical Campus Child Health Associate/ Physician Assistant Program School of Medicine

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